

This packet is to get everyone on the same page and to help clarify the expectations of being an **X-treeme Student Captain**. Please read through this and complete the application (online) if God is moving you to this next step in your journey with Christ.

## MINISTRY TRAINING

“The step of ministry training is critical to the expansion of any movement. At this point most organizations ( and may I add – youth groups) reach their peak. **If they do not train believers other than the pastor to do the ministry, their expansion stops...** no matter how dynamic the leader... expansion will not continue if people are not trained to minister.”

Carl Wilson

What do we mean when we say “**ministry?**” The Christian life involves more than coming to church on Sunday, staying out of trouble and “letting our little light shine.” **God expects us to use our lives to make a spiritual difference in the lives of those people He puts in our path.** This will serve as our definition of “ministry” as we now explain the purpose of our Ministry Training at Midland Free.

The Lord desires to use each of our lives for His glory and purpose. That is why He saves us and pours out his blessing on us daily. Paul wrote to the believers in Ephesus...

*“for by grace you have been saved through faith; and that not of yourselves, it is a gift of God; not as the result of works, that no one should boast. For we are His workmanship, created in Christ for good works, which God prepared beforehand, that we should walk in them.” Ephesians 2:8-10*

*In Christ we are created to do good works!*

The Lord knew that we would need someone to help us to accomplish all that He has planned for us, **which is why He gave leaders to the Church**. Paul continued in Ephesians 4:11,12. *“And he gave some as apostles, some as prophets, and some were pastors and teachers, for the equipping of the saints for the work of the ministry, for edifying the body of Christ.”*

Because the Christian life is a process, much like physical growth, not every Christian is to the point yet where they are ready or interested in being trained to do the “work of ministry.” Therefore, it is very important that each Christ-follower evaluate his/her own life and determine where they are currently in their spiritual growth process. To help you to do this, we’ve included several tools that will enable you to...

- understand what ministry is,
- What qualities and characteristics are needed to effectively minister to others
- and a test to evaluate your current spiritual interest and maturity level.

We hope that these tools will encourage and challenge you to seek the training you will need to accomplish the ministry that the Lord has for you and our Student Ministry ~ Xtreme!

## UNDERSTANDING MINISTRY TRAINING

Ministry training is equipping Christ-followers with **attitudes, knowledge, experiences and skills** to perform the ministry before them. Jesus was the master at doing this. He took 12 guys on a 3+ year journey and transformed them into disciple-making world changers! Also, we learn from Paul how he understood this as he wrote to the believers in Thessalonica. Paul mentions, “imparting of his life” to others. Paul reproduced His life in the lives of those already **willing listeners** who took the time to be trained and taught. This is what he is referring to in 2 Timothy 2:2, *“...and the things which you have heard from me in the presence of many witnesses, these entrust to faithful men, who will be able to teach others also.”* This took place 2000 years ago and is still happening today. **Will you be a part of God’s “chain-reaction” of disciple-making?**

### CHECK THIS OUT:

Following are some questions that will help you determine if you are ready to proceed into the area of student ministry training: \* Check those that apply to your life:

- \_\_\_ I have a desire to share with others what God has been doing in my life?
- \_\_\_ I have a burden to meet the physical, emotional and spiritual needs of other people God puts in my life?
- \_\_\_ I feel that I need to learn to better apply the Christian principles I've learned over the years?
- \_\_\_ I see the need to help those believers of my similar age get along better, pray together, and build closer relationships?
- \_\_\_ I would be willing to prioritize my time to receive training to accomplish the above things and to be held accountable for my spiritual development by a team of like-minded/ like-hearted people?

If you checked more than one of the above statements, there is a good chance you are ready for ministry training. **KEEP READING!**

### **MINISTRY TRAINING QUALITIES**

Because of the nature of ministry training (NOTE: **skills development, intensive learning, high accountability, ministering to the needs of others, planning and evaluating**) a deeper level of interest and commitment is required of those who are involved.

It is important to understand we are looking for **inner**, or heart qualities. We need to avoid outward rules, regulations and standards. From the story of Samuel and his anointing of David (1 Sam. 16), we learn a valuable lesson: *“Do not look at his appearance or at the height of his stature, because I have rejected him; for God sees not as man sees, for man looks at the outward appearance, but the Lord looks at the heart.”* (vs 7 NASB)

This passage is dealing primarily with physical standards for a king. We are often tempted to measure ‘value’ and ‘spiritual maturity’ by outward traits. Yet, a persons’ ability to be used by God to make a spiritual difference in the lives of others has to do with **inner qualities**, not outer.

With this in mind we want to suggest some inner qualities that are necessary in the lives of those who desire to minister to others. WE are not asking or suggesting that person be “perfect”, but that a person evidences these qualities in their daily lifestyle and have a desire to grow in them with a team of like-hearted Christ-followers and trained spiritual leaders.

## WHO OUGHT TO BE INVOLVED IN MINISTRY TRAINING?

- Those who no longer want to be ministered to, but want to minister to others.
- Those who no longer want to be served but want to serve others.
- Those who no longer want to be on the sidelines but want to be in the action.
- Those who are others oriented and want to **share in the work** of the ministry.
- Those who are A.F.T.E.R. God's heart!
- Current Juniors (11<sup>th</sup> Grade) and Seniors (12<sup>th</sup> Grade) students.

## THEY EXEMPLIFY THESE QUALITIES IN THEIR LIFE

<b>A</b>	<b>Available</b>	This involves being available to serve, having life priorities to do what God desires to do in your life. Availability to do ministry and be trained for ministry. Ministry training must be a priority.
<b>F</b>	<b>Faithful</b>	A willingness to seek to live a consistent Godly lifestyle; being faithful in words and actions to who Christ has made them to be.
<b>T</b>	<b>Teachable</b>	A willingness and attitude to learn and be corrected and be spurred on when necessary.
<b>E</b>	<b>Enthused</b>	A willingness to acknowledge with excitement the "God in you" to others around you.
<b>R</b>	<b>Responsive</b>	A willingness to commit yourself to the spiritual leadership God places in your life. Cooperating with a team of people to reach common goals and objectives.

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Look back: God wants people who are A.F.T.E.R. his heart. People who have these qualities. How about you?

\*\*\*How many of the above qualities does your life reflect now?\*\*\*

\*\*\*Which of the above qualities are the strongest in your life?\*\*\*

\*\*\*Which of the above qualities do you feel you need to work on?\*\*\*

If you know God has been building His heart in you for caring and sharing with others, and you are a person who desires to use your life to make a significant impact in the lives of others, then there is definitely a next step for you and you are not alone!

## A TEAM APPROACH TO MINISTRY

**FIRST:** We believe that a team approach to ministry is the most effective method in equipping the 'saints' (In Christ – that's who you are!!!) There are several reasons for this:

- It is the approach Jesus Christ modeled
- It prepares the group for smoother leadership transitions
- It protects the group from poor choices and mistakes of one individual
- It helps the group to maintain a sense of ownership, accountability and purpose.

**SECOND:** We believe people are at various levels of spiritual interest and maturity, and as Jesus was so masterful at meeting people where they were and moving them forward, we as a team can impact a greater number of people with our diversity of skills, giftedness and passions. We will work together to meet people (both as individuals and as a group) where they are and love and challenge them to move forward in faith toward Jesus.

## SO, WHAT IS MINISTRY TRAINING?







In a nutshell...

- It is a unique and distinct time of having spiritual mentors pour into your life to have God sharpen you in being a world changer among your peers.
- It is a step of deeper commitment and intensity in following Jesus to be a disciple-maker.
- It is a willingness to move from 'coming and getting' to 'coming and giving/working'.
- It is a willingness to be trained, held accountable and practice opportunities and responsibilities of caring for your peers and sharing Christ with your peers.

Now, let's look more closely at Peer Care and Peer Share

## PEER CARE

This involves...

-  Teaming with others (Both our X-treeme Adult leaders and fellow Student Captains) to create and grow an atmosphere of love, acceptance and forgiveness in X-treeme, always looking for opportunities where love can be expressed and experienced by students God brings to us.
-  Building a healthy Christ-centered group image and to promote that image both in and out of the group
-  Fostering good communication between group members, both students and staff.
-  Creating and moving on opportunities for prayer, for both Student captains and students in X-treeme.
-  Meeting physical, social, emotional, and spiritual needs of group members to the best degree possible
-  Being trained to help peers grow in spiritual disciplines and walking along side new believers as they start out the adventure of following Jesus.

## PEER SHARE

This involves...

- Being trained with a number of 'tools' to share the good news of God's love through His Son Jesus.
- Planning and executing outreach events to reach unsaved peers. (X-treeme Nights)
- Being challenged and accountable to the Ministry Team for actively pursuing the lifestyle skill of Cultivating, Planting, and Reaping with lost friends.

## SPECIFIC COMMITMENTS AND INVOLVEMENTS

Keeping in mind ministry training is a unique and distinct time to be trained and sharpened in peer care and peer share heart and skills, these commitments must be **high priority** in an X-treeme Student Captains life.

**Our training will be on Sundays in Room 205/206**

## Student Captain Commitments

- Regular involvement and participation at X-treeme nights **AND** Sunday Mornings (80% attendance) throughout the school year. (from September thru May)
- Attend Student Captains Kickoff
- Attend all Ministry Training Meetings. (Several Sunday's throughout the year). Dates will be given at kickoff.
- **Find, Connect with, and meet with a Mentor** on a monthly basis (One or two times per month)
- **Commit to daily personal worship:** this is a daily time of prayer and scripture pursuing intimacy with Jesus.
- **REVIEW** with your mentor your scripture memory and what God is teaching you in personal daily worship and other reading and study.
- Memorize God's word with our team.
- **Develop and lead X-Prayer** with Student Captain team mates at least 2 times through the year.
- Faithfully build relationships with X-treeme students and unsaved friends for the purpose of disciple-making!
- Plan and Lead small group discussions with my X-treeme Team.
- Live a life of godly integrity in walking as Jesus walked.
- Encourage participation in X-treeme Impact trips.

## HOW DO I BECOME A MEMBER OF THE Student Captain TEAM?

Begin and continue to pray. Seek the Lord on where He is leading you. Ask God to show you through your openness, excitement and interest if ministry training is the next step in your faith journey.

An interested person must fill out the Student Captain Ministry Training Application and Mentoring GRHHA ONLINE!

The application will be reviewed and then you will be contacted one of our X-treeme adult staff.

\*\*\* Please keep the rest of this packet for your records.

\_\_\_YES, I have read through this info package and I am ready to make the step to go from “coming and getting” to “coming and working”. I want God to use my life to make a difference in the people he has in my life.

## **Xtreeme STUDENT CAPTAIN Application**

**Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_  
**School:** \_\_\_\_\_ **Email:** \_\_\_\_\_  
**Phone#** \_\_\_\_\_ **& Cell number:** \_\_\_\_\_

1. Briefly share how you became a Christian, and describe how your relationship with God is currently doing?

2. What non-Christian friends are you praying for and desiring to share your faith with?

3. How would your non-church friends describe your relationship with God?

4. In your own words, what are the major responsibilities, expectations and time commitments of a person involved in Student Captain Ministry training?

5. Briefly share why you want to be a part of this ministry training at Midland Free?

6. List your involvements like sports, drama, band/music, clubs, jobs etc., throughout the school year:  
Fall =

Winter =

Spring =

Other =

[ ] I give my child permission, blessing and support to be a part of the Student Captains ministry training.

(continue over)



STUDENT CAPTAIN Ministry Team Covenant:

Let's do it! I have a personal relationship with Jesus Christ and live by faith, following his example and obeying his commands in the Bible.

Name of Mentor:

Does your mentor attend Midland Free:

- ◆ I am ready to commit to be involved in ministry training with Xtreme.
- ◆ I will commit to regular church and X-treeme attendance.
- ◆ I will commit to modeling a healthy commitment to my family
- ◆ I commit to a lifestyle as a role model and ambassador of Jesus
- ◆ I commit to being a light for Christ on my campus, workplace, in my neighborhood and in my home.
- ◆ I understand I am committing to:
  - Actively feeding my relationship with Jesus through daily personal worship.
  - Being involved with developing and leading X-Prayer once a month.
  - Memorizing God's word.
  - Getting a Mentor and completing the Mentoring GRHHA (see last page)
  - Attending monthly training meetings
  - *And I have read over the information in the Student Captain Ministry Training Application packet.*

[ ] My child understands they are committing to the covenant above to be a Student Captain.

# **WILL YOU BE MY MENTOR?**

## **Mentoring for X-treeme Student Team Captain's**

**Each** Student captain for our Xtreme ministry is required to have an adult mentor this year. This is a one on one discipling relationship to help me grow in my relationship with Jesus Christ and as a leader.

### **What's involved in this Mentor/Student relationship?**

**Meet** 1-2 times a month for 90 minutes, and walk through **A.S.A.P.!** (but don't rush☺)

**A. ccountability** – connect on life, following after Jesus, integrity in witness, care, etc. Basically check in with one another with how life and pursuing Christ is going.

**S. cripture Memory** – Hide various verses in your heart! Share your set of verse(s) with each other out loud.

**A. pplication** – ask, ‘how have you applied what God is teaching you to your life this week?’ and/or ‘what are you trusting God for these days?’ **AND**, who are you pouring your life into? Who are you discipling?

**P. rayer** – literally! Take a few minutes to pray for and over one another.

### **As an X-treeme Student Captain, here is what I have committed to...**

- Regular involvement and participation at X-treeme nights AND Sunday Mornings (80% attendance) throughout the school year. (from September thru May)
- Attend ALL Ministry Training Meetings.
- Student Captains Kickoff.
- AND all Ministry Training Meetings.
- Find, Connect with and Meet with a Mentor on a monthly basis (One or two times per month)
- Commit to daily personal worship: this is a daily time of prayer and scripture pursuing intimacy with Jesus.
- REVIEW with your mentor your scripture memory and what God is teaching you in personal daily worship and other reading and study
- Faithfully build relationships with X-treeme students and unsaved friends for the purpose of disciple-making!
- Plan and Lead small group discussions with my X-treeme Team.
- Live a life of godly integrity in walking as Jesus walked.

### **As my MENTOR, I am asking for you to commit to...**

-Read and studying through the study, \_\_\_\_\_ throughout the school year.  
(schedule coming soon)

-Spend 90+ minutes with me. Minimum 1 (preferably 2x) per month

-Pray for me and encourage me in my walk with Christ and leadership development.

-Hold me accountable for disciple-making.

### **Are you in? Sign on the line!!!**

Adult mentor Name: \_\_\_\_\_.

Student Name: \_\_\_\_\_.

Date: \_\_\_\_\_.

Student Captain: When you and your Mentor have both signed the form, please turn in to Jody Best.