



## *Live by the Holy Spirit*

### **Best Use**

To teach your kids that the Holy Spirit is our helper, comforter, teacher and friend. Bottom Line: The Holy Spirit helps us with everything with which we might need help.

### **Value**

This idea can trigger meaningful dialogue about the Holy Spirit.

### **Advance Preparation**

Read John 15 5-8. "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

- Ask what happens to a branch that is cut off from a vine or tree? (Answer: it eventually will shrivel and die).
- Discuss how it is necessary to remain in God's Word to allow Him to dwell in you, in order for you to be able to do His work. Without Him – we can do nothing.

### **Fruit of the Spirit**

Read Galatians 5:22-23: *"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."*

### **Activity**

Create a "FRUITS OF THE SPIRIT PRAISE JAR" in your kitchen for one month:.

### **Supplies Needed**

1. A large jar to store your praises
2. Index cards or other note cards
3. A copy of the Fruits of the Spirit
  - Discuss the 9 fruits of the spirit along with age-appropriate examples of ways to exhibit these.
  - Throughout the day, write down whenever you catch your child in action showing one of the fruits.
  - As a family (perhaps at dinner), review the new cards added to your praise jar. This is also a time to create additional cards as you also share examples missed or seen outside the home. Finish by praying for specific examples of how you can better portray the fruits of the spirit in your own family.
  - Set a goal and at the end of the month and go out for a special treat to celebrate.



For additional examples of Scripture regarding the Holy Spirit, read:

- Romans 12:1
- Hebrews 12:14;
- 1 Peter 1:15-16
- Galatians 5:14-26
- Ephesians 5:18-20
- John 15:1-17

For more great ideas on how to teach the value of multiplying your faith into others check out the resources available from Faith Path at the Faith@Home Center. Specifically check out the milestones entitled "Prayer" and "Worship."

