



# The Lord's Supper

## Communion Instructions

### **Ingredients:**

1. Welches Grape Juice
2. Unleavened Bread - *Saltine Crackers, Tortillas, Gluten-Free Crackers, Wheat Thins, or Home-made.*

### **Four Parts**

1. Explanation
2. Confession
3. Prayer
4. Consumption

### **Explanation:** (To be read aloud to everyone)

Jesus of Nazareth was crucified on a Friday morning probably in March of A.D. 33. God-the-Father raised Him from the dead the following Sunday. Every year Christians memorialize Jesus' death on "Good Friday" and celebrate his resurrection on the following Sunday - "Resurrection" or "Easter" Sunday.

One of the things that Jesus told us to do to remember His death was to observe a special rite which we call "The Lord's Supper."

Originally this rite was the Jewish Feast of the Passover (Exodus 11-12). Once a year faithful Jews celebrate their deliverance from Egypt (The Exodus). Pharaoh wanted to keep the Israelites enslaved, but God forced Pharaoh to let His people go. The final straw that broke the camel's back was what is now known as "The Passover." In this event, God sent judgment upon all the households of Egypt but spared the Jewish families who by faith applied the blood of a sacrificial lamb to the top and sides of their doors. In this final plague, The Lord would see the blood of the sacrificial lamb and "Pass over" the covered household. But for those who did not apply the blood, judgment.

While not in Egypt, all people are born into slavery – Slavery to sin. Jesus came to set us free from slavery to sin. For those who whose who by faith "apply his blood" (believe in his work of paying for their sins with His death, burial, and resurrection) He will pass over their sins. But for those who fail to apply His blood, judgment (John 3:16-18).

Taking part in the Lord's Supper means that you that you have sincerely believe in Jesus and have "applied" his blood to your sins. Please take this seriously and only partake if that is the case. Further, before you do, please make sure to confess and repent of any unconfessed sin. Ask God to reveal it to you, and be faithful to confess it to Him, and confess to others if you have sinned against them.

**Confession:**

Pray silently – Prayers of Personal Confession

Psalm 51 may be read as a prayer of confession.

**A Prayer:** of Thanksgiving for forgiveness and blessing of the elements.

**Consumption:**

Read: 1 Corinthians 11:23–34 <sup>(ESV)</sup>

<sup>23</sup> .... the Lord Jesus on the night when he was betrayed took bread, <sup>24</sup> and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me."

*Eat the bread*

Read: <sup>25</sup> In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me."

<sup>26</sup> For as often as [we – Midland Free] eat this bread and drink the cup, [we – Midland free] proclaim [our] Lord's death until he comes [again].

*Drink the Cup.*